



# **Effective from 1st August 2023**

#### **FINANCIAL DISCLOSURE**

We are passionate about supporting families during a challenging time and love what we do. In order to provide a high quality service, we need to dedicate time to our patients and offer long consultations to give you and your family the care you deserve. Unfortunately, the Medicare Rebate has been frozen for over 20 years, and more importantly, it has never properly funded longer, more complex appointments. The Medicare Rebate is currently completely inadequate to cover the cost of our medical services. For this reason, all consults at Adelaide Mums and Babies Clinic will incur out of pocket costs (a gap payment). Our clinic does not offer bulk-billed consults. This applies to children, pensioners, health care card holders, students, and patients that may have previously been bulk-billed by us. Full payment is required to be paid on the day of the consultation.

If a Medicare rebate can be applied to the consult (which occurs in the vast majority of cases), this rebate can be instant on the day or will be transferred into your nominated bank account within 48 hours depending on your account. Out of pocket costs apply to face-to-face, telehealth and telephone appointments.

For newborns, we highly recommend completing their Medicare card application on-line as soon as possible after their birth. If you do not have a valid Medicare card for them at the time of the consult, the full payment will be required to be made on the day, and you can apply for the Medicare rebate from Medicare directly, at a later date.

Private Health Insurance does not cover appointments with doctors, only hospital admissions and some Allied Health appointments.

Please contact us to discuss payment of your account prior to your consultation, if you feel you will have trouble paying the full amount on the day. Payment plans are available.

If, like us, you feel your Medicare rebate should be increased, please write to your local Member of Parliament, or the Federal Health Minister, and ask for change.

#### **CANCELLATION POLICY**

#### **Appointments:**

A cancellation fee will apply if there is failure to give 24 hours notice of appointment cancellation. The cancellation fee will be the out of pocket fee for the type of consultation that was booked.

## Classes: Antenatal Breastfeeding Education Class & Bringing Baby Home Class & Circle of Security

Cancellations over 48 hours will receive full reimbursement. Cancellations under 48 hours will receive a 50% refund.

# **Parents Group:**

Cancellations of the entire 6 week block (if cancelled prior to class 1)

Cancellations under 24 hours have an \$80 fee. Cancellations over 24 hours will receive a full refund.

Tel 08 8166 4381

hello@mumsandbabies.com.au



## **FEE SCHEDULE:**

Please note – the below tables indicate the OUT OF POCKET (or GAP) payment ONLY. The total amount payable will be significantly more, depending on what Medicare Item numbers we can use. In many instances, the total amount payable will be at least double.

#### **GENERAL PRACTICE APPOINTMENTS**

TIME	ТҮРЕ	GAP (Adult)	GAP (Adult Commonwealth HCC holder)	GAP (Child 10 and under)	GAP (Child 10 and under + Commonwealth HCC holder)
5 min	Level A	\$30	\$30	\$25	\$25
<20 min	Level B	\$60	\$45	\$50	\$35
20-40 min	Level C	\$100	\$85	\$90	\$75
>40 min	Level D	\$150	\$135	\$140	\$125
1 hour	Level D	\$175	\$160	\$165	\$150
30 min -1.5 hour	Iron Infusion		\$150 - \$200	(time depe	endent)

<sup>\*\*</sup>Childhood immunisations + wellbeing assessment with GP & Nurse : Are billed according to the time spent with the GP, please refer to the above fee structure\*\*

# ANTENATAL AND GYNAECOLOGY APPOINTMENTS

SERVICE	APPOINTMENT LENGTH	GAP	GAP
			(Commonwealth HCC
			holders)
First Antenatal Appointment	45 min	\$125	\$110
Subsequent Antenatal Appointment	15 min	\$70	\$55
Subsequent Antenatal Appointment	30 min	\$100	\$85
Mirena/IUD Insertion	30 min	\$200	\$185
Implanon Insertion	30 min	\$100	\$85
Implanon Removal	30 min	\$150	\$85
Private Antenatal Breastfeeding	60 min	\$200	\$185
Education:		(increased	(increased effective from
1:1 session		effective from 1/7/2023)	1/7/2023)
Private antenatal breastfeeding	30 min	\$100	\$85
education		(increased	(increased effective from
(attended a group class)		effective from 1/7/2023)	1/7/2023)

<sup>\*\*</sup>SATURDAY CLINIC - \$15 EXTRA \*\*

<sup>\*\*</sup> If Parent and Baby are seen on the same day, by the same Doctor, the maximum combined out of pocket cost will be \$175 if total appointment time is 1 hour or less (this excludes procedures and newborns not registered on a Medicare card).



#### **MEDICAL TERMINATION**

\*We do not provide surgical terminations\*

Must be less than 9 weeks. Gaps are listed for required appointments, any further appointments following this will default to our usual gaps.

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SERVICES	APPOINTMENT LENGTH	GAP
Under 6 weeks: First Appointment	45 min	\$250
Under 6 weeks: Second Appointment	30 mins	no gap
Under 6 weeks: Third Appointment	15 mins	no gap
Over 6 weeks: First Appointment (includes scan)	45 mins	\$350
Over 6 weeks: Second Appointment	30 mins	no gap

#### **MENTAL HEALTH CONSULTS**

SERVICE	LENGTH OF APPOINTMENT	GAP (Adult)	GAP (Adult Commonwealth HCC holder)	GAP (Child 10 and under)	GAP (Child 10 and under + Commonwealth HCC holder)
Mental health consult	30 min	\$100	\$85	N/A	N/A
Mental Health Consult	45 min	\$150	\$135	N/A	N/A
Mental Health Consult	1 hour	\$175	\$160	N/A	N/A
GP Mental Health Care Plan	> 20 min	\$100	\$85	\$90	\$75
GP Mental Health Care Plan	> 40 min	\$150	\$135	\$140	\$125
GP Mental Health Care Plan	1 hour or more	\$175	\$160	\$165	\$150
GP MHCP Review	Up to 30 min	\$100	\$85	\$90	\$75

## BREASTFEEDING/UNSETTLED INFANTS/SLEEP

Parent and baby are both seen in the 60 min appointment. Baby is bulk billed. Parent has the gap applied to their account. If baby does not have a valid Medicare Card, full payment for their component of the consult is required on the day. This may be as much as an additional \$120.

SERVICE	LENGTH OF	GAP	GAP
	APPOINTMENT		(Commonwealth
			HCC Holder)
Breastfeeding; unsettled infants; sleep; any issue that	60 min	\$175	\$160
is affecting the parent-child pair where both parent		(increased effective	(increased effective
and child are best seen together.		from 1/7/2023)	from 1/7/2023)

Effective from 01/08/2023



### **HOME VISITS - BREASTFEEDING AND INFANT SUPPORT**

Parent and baby are both seen in the 60 min appointment. Baby is bulk billed. Parent has the gap applied to their account. If baby does not have a valid Medicare Card, full payment for their component of the consult is required on the day. This may be as much as an additional \$150.

LENGTH OF APPOINTMENT	GAP	GAP	
	(Weekday 9am to 5pm)	(Weekends and Afterhours)	
60 min	\$250	\$300	

If travel time is more than 30 mins from Rose Park, an additional travel fee of \$50 is payable.

#### HOSPITAL VISITS - BREASTFEEDING SUPPORT - NO MEDICARE REBATES APPLY

LENGTH OF APPOINTMENT	TOTAL FEE	TOTAL FEE
	(Weekday 9am to 5pm)	(Weekends and Afterhours)
60 min	\$450	\$500

If travel time is more than 30 mins from Rose Park, an additional fee of \$50 is payable.

### **EDUCATION CLASSES**

These classes are private group & are run by either a GP IBCLC or our Possums Peer Support Worker who is trained in the Possums approach to breastfeeding, unsettled infants and sleep. All classes do not attract a Medicare Rebate.

CLASS	LENGTH OF CLASS	TOTAL PRIVATE FEE
Antenatal Breastfeeding Education Class (Private Group Class by GP IBCLC)  Partners welcome at no additional cost	2.5 hours	\$100
Antenatal "Bringing Baby Home" Education Class (Private Group Class)	2 hour x 2 sessions	\$100 per person (\$50 per session)
Parent's Group for babies up to 5 months of age (Private group class by Jayne NDC Educator)	1.5 hour	Upfront payment \$240 (\$40 per week)
Parents Group for low-sleep needs Babies and Toddlers (Private group class by Jayne NDC Educator)  Must have attended a Private 1-hour sleep consult with a GP	1 hour	\$40
Circle of Security Parent Class (Private group class by Jayne our Facilitator) (If you have attended a parents group previously your eligible for a \$100 discount)	2 hours x 5 week	Single parent attendance: \$400, Dual parent attendance \$600



## SUPPORT SERVICES

These are private I on I appointments with Jayne, our Neuroprotective Developmental Care Educator & Circle of Security Facilitator. Appointments are at Rose Park or telehealth. These appointments do not attract a Medicare rebate.

SUPPORT SERVICES	TIME	TOTAL PRIVATE FEE
Parenting Education &/or Postpartum Support	30 mins	\$47
Parenting Education &/or Postpartum Support	1 hour	\$94.00
Parenting Education &/or Postpartum Support	1.5 hour	\$141.00
Parenting Education &/or Postpartum Support - IN HOME	1 hour	\$169.00
Parenting Education &/or Postpartum Support - IN HOME	1.5 hour	\$211.00
Postpartum package	4x 1.5 hr in home visits + 12	\$650
	wks phone support	



# FINANCIAL CONSENT

Ihav	ve read the above Financial Disclosure statement and agree to
pay the full cost of my, and my family's, medic	al appointment on the day of attendance.
I understand that failure to give more than 24	hours notice to cancel my appointment may result in a fee
being charged. I agree to any future gap increa	ase at Adelaide Mums and Babies Clinic.
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Guardian of (if applicable): Full Name:	
SIGNED:	
DATE:	